



**Baltic Palliative Care**

**3rd Baltic palliative care conference  
„Patient Journey through Palliative Care“**

10.-11. september 2020

Noblessner foundry Nobel hall, Peetri 10, 10411 Põhja-Tallinn, Tallinn

**September 10**

9.00–10.00	Registration and welcome coffee	
10.00–10.15	Introduction to the conference	
10.15–10.35	Overview of palliative and hospice care in Estonia. Jelena Leibur	
10.35–10.55	Overview of palliative and hospice care in Latvia. Anda Jansone + colleagues	
10.55–11.15	Overview of palliative and hospice care in Lithuania. Marius Ciurlionis	
11.15 – 11.45	Public Awareness Campaign and Advocacy in Palliative Care - Cristina CUCIURCA (Moldova)	
11.45–12.15	<i>Coffee break</i>	
12.15–12.45	EAPC Atlas of Palliative Care in Europe 2019	
12.45–13.15	Global palliative care development and policy - Katherine Irene Pettus (IAHPC)	
13.15–13.45	Children's PC development globally, situation in Europe, new guidelines and other important documents.- Julia Downing (IAHPC)	
13.45–14.45	<i>Lunch</i>	
14.45–17.00	<p><b>Children palliative care</b> Moderated by Anda Jansone.</p> <p>14.45–15.15 Anna Garchakova 15.15–15.45 Anda Jansone 15.45–16.15 Kristi Lepik – Estonian? 16.15–16.45 Julia Downing - role of nurses in palliative care and children's palliative care 16.45–17.00 Discussion</p>	<p><b>Interdisciplinary team and network</b> 14.45–15.15 SA PERH palliative care team 15.15–15.45 Palliative care in active care <b>15.45–16.15 Interdisciplinary work in Practice (Latvia, Lithuania?)</b> 16.15–16.45 Teamwork in hospice. Anna Vesper 16.45–17.00 Discussion</p>
17.00	<i>Greet and meet</i>	

**September 11**

9.00–9.30	Bioethics and discontinuation of treatment. Katrin Elmet
9.30–10.15	Topic euthanasia. Andres Rebane, Kanada ?
10.15–10.45	Future care planning. Chancellor of Justice Office
10.45–11.00	<i>Coffee break</i>
11.00–11.30	Mindfulness on palliative care - Anni Kuusik
11.30–12.00	Cannabinoids in symptom management – Mare Kolk (PERH)
12.00–12.30	Alternative medicine – Marju Kase ITK ja TÜK
12.30–13.00	Food supplements
13.00–14.00	<i>Lunch</i>

14.00–16.00	<b>Spirituality, grief, adaption (conciliation)</b> 14.00–14.30 Spirituality. Ove Sander? 14.30–15.00 Spirituality. Helene Saliniecs (Latvia) 15.00–15.30 Adaption. Annika Laats? 15.30–16.00 Grief. Naatan Haamer?	<b>Symptom control</b> 14.00–14.30 Pille Sillaste 14.30–15.00 Kaire Pakkonen <b>15.00–15.30 Lithuania?</b> 15.30–16.00 Last 48 hours.
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